



Asian Youth Para Games - Dubai 2025



Preliminary Training Schedule

The training schedule is devised on a fair rotational daily basis and must not be altered.

Teams should train at their scheduled group times on the bench number(s) identified below.

Please arrive and leave on time to enable the LOC to do the cleaning before the next group.

Date		08 Dec.	09 Dec.	10 Dec.	11 Dec.
Time					
Start	Finish				
9:00	9:55	Group 1	Group 6	Group 1	Group 6
9:55	10:00	Blackout Cleaning			
10:00	10:55	Group 2	Group 7	Group 2	Group 7
10:55	11:00	Blackout Cleaning			
11:00	11:55	Group 3	Group 8	Group 3	Group 8
11:55	12:00	Blackout Cleaning			
12:00	12:55	Group 4	Group 9	Group 4	Group 9
12:55	13:00	Blackout Cleaning			
13:00	13:55	Group 5	Group 10	Group 5	Group 10
13:55	14:00	Blackout Cleaning			
14:00	14:55	Group 6	Group 11	Opening Ceremony	Group 11
14:55	15:00	Blackout Cleaning			
15:00	15:55	Group 7	Group 12	Opening Ceremony	Group 12
15:55	16:00	Blackout Cleaning			
16:00	16:55	Group 8	Group 1	Opening Ceremony	Group 1
16:55	17:00	Blackout Cleaning			
17:00	17:55	Group 9	Group 2	Opening Ceremony	Group 2
17:55	18:00	Blackout Cleaning			
18:00	18:55	Group 10	Group 3	Opening Ceremony	Group 3
18:55	19:00	Blackout Cleaning			
19:00	19:55	Group 11	Group 4	Opening Ceremony	Group 4
19:55	20:00	Blackout Cleaning			
20:00	20:55	Group 12	Group 5	Opening Ceremony	Group 5
20:55	21:00	Blackout Cleaning			

Training Groups	NPC	No. of Athletes	Bench Number by Day			
			8-Dec	9-Dec	10-Dec	11-Dec
Group 1	Bahrain	2	1	1	1	1
	Saudi Arabia	2	2	2	2	2
	United Arab Emirates	5	3,4	3,4	3,4	3,4
	Indonesia	5	5,6	5,6	5,6	5,6
Group 2	India	10	1,2,3,4,5	1,2,3,4,5	1,2,3,4,5	1,2,3,4,5
Group 3	Iraq	6	1,2,3	12,3	1,2,3	1,2,3
	Philippines	4	1, 2	1, 2	1, 2	1, 2
Group 4	Islamic Republic of Iran	11	1,2,3,4,5,6	1,2,3,4,5,6	1,2,3,4,5,6	1,2,3,4,5,6
Group 5	Islamic Republic of Iran	10	1,2,3,4,5,6	1,2,3,4,5,6	1,2,3,4,5,6	1,2,3,4,5,6
Group 6	Uzbekistan	14	1,2,3,4,5,6	1,2,3,4,5,6		1,2,3,4,5,6
Group 7	Uzbekistan	13	1,2,3,4,5,6	1,2,3,4,5,6		1,2,3,4,5,6
Group 8	Uzbekistan	13	1,2,3,4,5,6	1,2,3,4,5,6		1,2,3,4,5,6
Group 9	Japan	2	1	1		1
	Kazakhstan	7	2,3,4	2,3,4		2,3,4
	Nepal	1	5	5		5
Group 10	Thailand	8	1,2,3,4	1,2,3,4		1,2,3,4
	Republic of Korea	3	5,6	5,6		5,6
Group 11	Kyrgyz Republic	1	1	1		1
	Malaysia	3	2,3	2,3		2,3
	Mongolia	1	4	4	4	
Group 12	Tajikistan	2	5	5	5	