

**PARALYMPIC
COMMITTEE**



DUBAI 2025
Asian Youth Para Games



DUBAI CLUB FOR PEOPLE OF DETERMINATION

TAEKWONDO TRAINING SCHEDULE – COUNTRIES

Training Time: 8:00 AM – 1:00 PM & 3:00 PM – 8:00 PM

Format: 2 teams per hour

9th December 2025

| Time | Teams |
|------------------|----------------------------|
| 8:00 – 9:00 AM | Afghanistan – Bangladesh |
| 9:00 – 10:00 AM | Brunei – China |
| 10:00 – 11:00 AM | Indonesia – India |
| 11:00 – 12:00 PM | Iran – Iraq |
| 12:00 – 1:00 PM | Japan – Kazakhstan |
| 3:00 – 4:00 PM | Kyrgyzstan – South Korea |
| 4:00 – 5:00 PM | Saudi Arabia – Malaysia |
| 5:00 – 6:00 PM | Myanmar – Nepal |
| 6:00 – 7:00 PM | Thailand – Chinese Taipei |
| 7:00 – 8:00 PM | Uzbekistan (Solo Training) |

10th December 2025

| Time | Teams |
|-----------------|----------------------------|
| 8:00 – 9:00 AM | Uzbekistan (Solo Training) |
| 9:00 – 10:00 AM | Thailand – Chinese Taipei |

| | |
|-------------------------|---------------------------------|
| 10:00 – 11:00 AM | Myanmar – Nepal |
| 11:00 – 12:00 PM | Saudi Arabia – Malaysia |
| 12:00 – 1:00 PM | Kyrgyzstan – South Korea |
| 3:00 – 4:00 PM | Japan – Kazakhstan |
| 4:00 – 5:00 PM | Iran – Iraq |
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| 6:00 – 7:00 PM | Brunei – China |
| 7:00 – 8:00 PM | Afghanistan – Bangladesh |